

# CAREGIVER & PARENT

INFORMATION SESSIONS



## WINTER 2025



*JAN 22, 2025  
6:30 - 8:00 PM*

*Children, Teens & Grief:  
Common Responses & How to Talk About Death and Grief*



*FEB 5, 2025  
6:30 - 8:00 PM*

*Supporting Children & Teens After a Sudden Death*



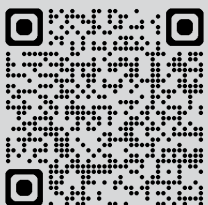
*FEB 19, 2025  
6:30 - 8:00 PM*

*Rituals for Remembering:  
Staying Connected to the Person Who Died*



*MAR 5, 2025  
6:30 - 8:00 PM*

*How To Talk with Children About Advanced Illness*



Register for any of these free sessions at:  
<https://www.hospicecalgary.ca/education/caregiver-sessions/>

Questions? Email: [info@childrensgriefcentre.ca](mailto:info@childrensgriefcentre.ca)